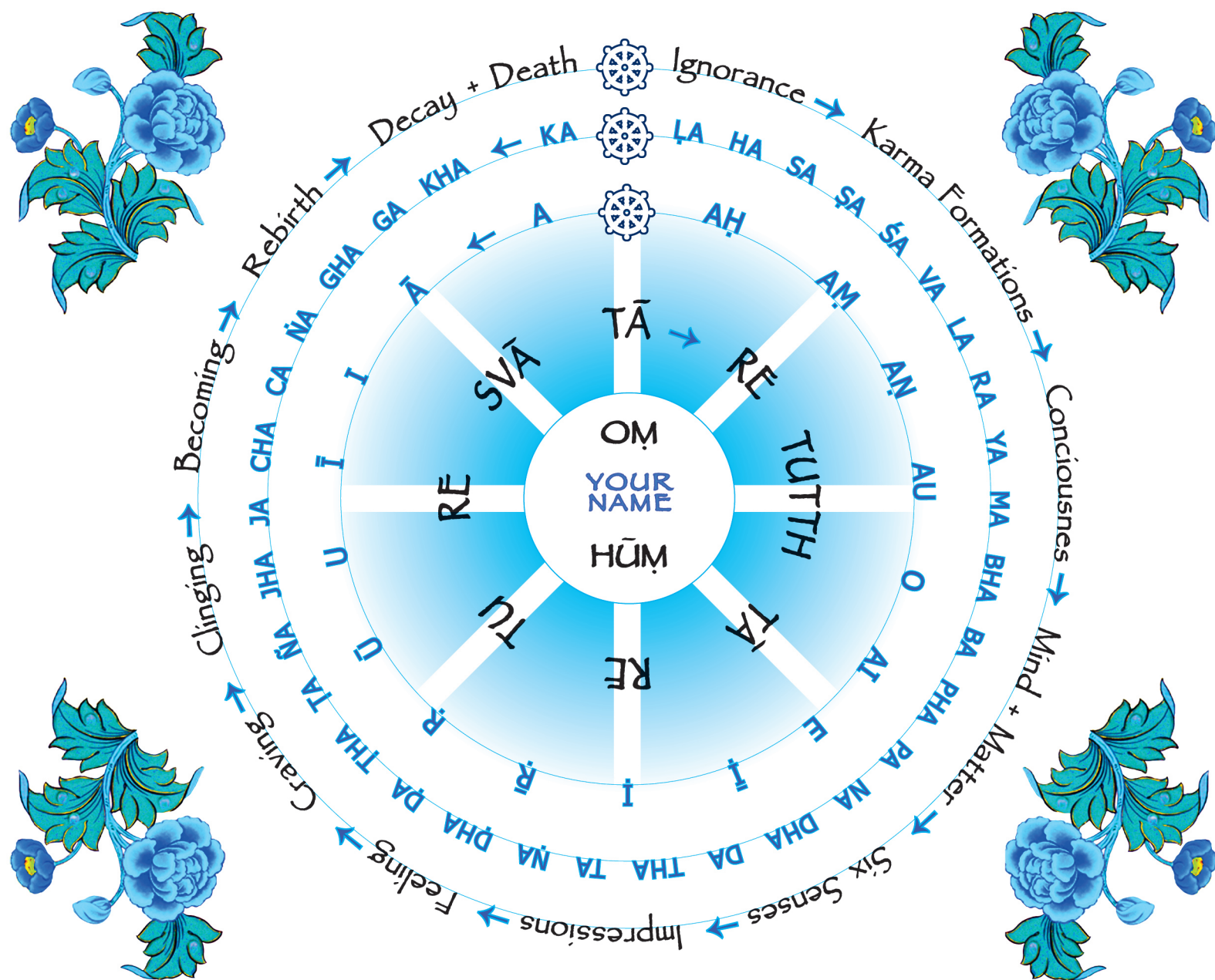


# Heart Mandala Wisdom Wheel of White Tara of Long Life

Mantra of White Tara of Long Life

OM TĀRE TUTTĀRE TURE SVĀHĀ



by Chryst Antaya 2013-March-08 for Lama Lodro's 2013 White Tara of Long Life Sadhana

[www.lamalodro.ca/lodro-meditate.html#sadhana](http://www.lamalodro.ca/lodro-meditate.html#sadhana)

All merit arising from this meditation tool for mental cultivation is dedicated to the Venerable Namgyal Rinpoche and to His Holiness the 16th Karmapa.